

ST MICHAELS HOMES NEWSLETTER



St Michaels Homes Ltd is now 30 years young

Where has that time gone, St Michaels Homes Ltd is celebrating 30 years in serving the community of Brentwood Essex, in delivering excellent elderly & dementia care across both its care homes.

Directors say its purely down to our key staff who work so hard to deliver excellent care of all our residents thought these years. We would not be where we are now without them. Especially this last 21 months we owe them all so much for the continued dedication and commitment to our residents.



Special Thankyou (left to right) Kerry Wallis, Pauline Yates & Amanda Brewster for braving the shave at Howard Lodge for very good courses.

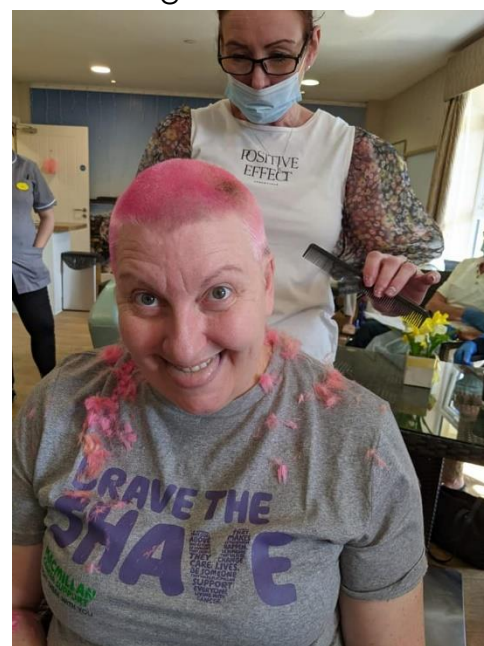
Kerry, Pauline & Amanda raised between them £3k for Macmillan & Cancer Research

On 21st September these wonderful ladies shaved their heads to raise valuable funds for some amazing charities.

From us all at St Michaels Homes we would like to thank them all for braving the shave and raising so much.

Want to join them in supporting these good causes? whether you donate £5 or £500. Every little bit helps. Thank you for everyone who already supported, was very overwhelming the amount we have been able to raise said Amanda.

Together we will beat cancer and help provide vital support. Facebook pays all the processing fees for you, so 100% of your donation goes directly to the charities.



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WITHIN THE HOMES**

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COVID UPDATE

Visiting guidelines for care homes

Still being very cautious we can't be complacent

A lot has changed in the outside world of the care homes with lockdown ending and nearly going back to normal in many areas across the UK.

However, in care homes we still need to continue to be careful and manage these risks. We have all seen COVID-19 cases on the rise across the UK and within our local community, we need to remain cautious and not complacent with this deadly hidden virus. We are so thankful that we can now allow families and friends into the care home's and this is widely welcomed and encouraged but we cannot undo all the great work we have all achieved over the last 18 months.

Regular testing is key: We would recommend that everyone gets themselves tested regularly especially if you are planning on coming to the care homes or a regular visitor of the care home. We also request that Lateral Flow Test (LFT) is completed a max 6hrs prior to attending the care homes, preferable hour before attending.

With regular testing like with our staff members we can hopefully spot very early infection especially a asymptomatic infection which can see those infected with little or no symptoms, which can be most harmful as those could be spreading this virus to family and friends unknowingly and to them it may be none harmful to others it could be serious.

You can collect testing kits from your nearest pharmacy using one of the new collect codes which can be downloaded from <https://test-for-coronavirus.service.gov.uk/collect-lateral-flow-kits>. You can then hand this into your local pharmacy, who will provide you with test kits. You can also collect test kits from your local library or order them online via this link:

<https://www.nhs.uk/conditions/coronavirus-covid-9/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/>

Should you prefer we are still able to test anyone who comes to the care homes, the only thing we would request is that you remain outside for 30mins while we wait

for the results of your LFT. We have dedicated staff members who have now been fully trained and can either show you how this is done or are able to conduct the test. We can also register all testing should this be required, should you have any questions about testing please feel free to ask us we are now very used to it all now.

If a positive result is returned, you will need to seek a confirmatory PCR test and isolate for 10 days according to national guidance. If the PCR test is negative, you can return to the care home however please we would recommend not doing so until you feel better and continue to complete regular testing.

More information about testing can be found on the NHS covid-19 website please look at this along with how to self-test correctly video we recommend testing 10 seconds on both sides of the mouth near to tonsils and then 10 seconds up both nostrils so a total it should take 40 seconds to complete.

Do not attend the care homes if you have any of the symptoms i.e. (high temperature, new continuous cough, or loss of sense of smell or taste) even if you have tested negative, as a negative test result cannot be 100% accurate.

Also, if you have symptoms then please conduct a PCR test which should be slightly more accurate than a LFT look out for testing centres online via the NHS covid website.

Please continue with good hand hygiene inside and outside the care homes, at all times. We ask while inside the care homes that you always wear a face mask. We now have very good stock levels of PPE so please if you need a mask, aprons or gloves let us know we can supply you with this.

Make sure all visits to the care homes are booked in advance as we would like to maintain social distancing and no over crowding within the homes. There will also be a new visitors signing in system in place within the coming months, more on this matter will be provided within this newsletter, please make sure you sign in and out at all times this will help us with track & tracing requirements as well as fire.

VACCINATIONS UPDATE

Covid booster now given to all across the care homes Flu vaccinations to follow;

With the impressive roll out of the first COVID vaccination program across the UK we have now seen boosters being administered during month of October across both care homes for all residents and staff who wish to have it done at the time.

We would like to thank our surgeries Onger Health Centre and Deal Tree Medical Centre for all their support and throughout this pandemic. They have continued to provide the care homes with continued inhouse visits and professional guidance throughout this crisis. They have also provided excellent vaccinations program for our residents and staff members.

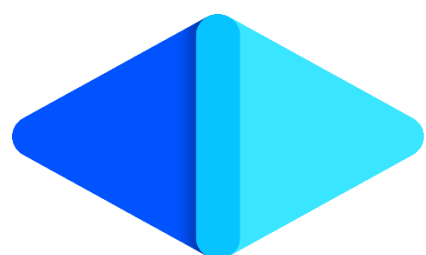
Across the care homes we have seen 98% take-up of the first COVID vaccination among residents and we are nearing 89% have had the booster.

The booster vaccination being offered across the homes is Pfizer vaccine, for those residents who have had the booster there have been minimal side effects to report.

The surgeries are now working on administering the Flu vaccination program currently and this will hopefully see 100% take up by the end of this month. Flu vaccination is being offered free of charge to all those working in social care, and we are stressing to all staff who wish to have this done speak with their local GP or pharmacy who can administer it.

Should you have any concerns or questions about the vaccination programs across the care homes please speak with the management team or visit

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination>

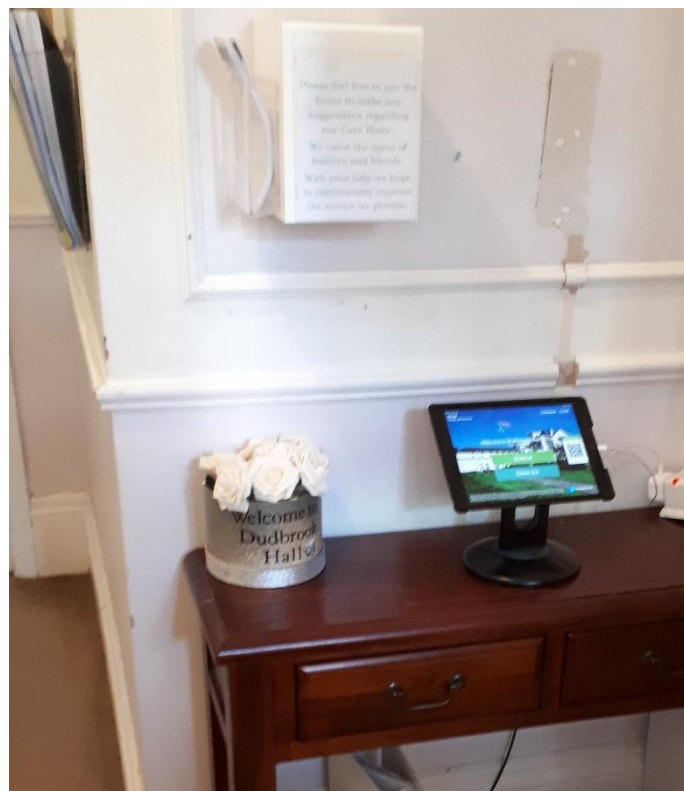


NEW VISITOR SYSTEM

e-Reception Book

New visitor signing in/out system being installed across the care homes

Firstly, we would like to apologise for the issues we have had with our previous visitor system. We have had the engineers out to look at the issues however they have not been able to resolve so we have now gone with someone else. The new company is called E reception, you will shortly see new ipads being setup at the reception areas of each of the care homes.



Please can I ask you all to sign in and out on every visit to the care homes, its so important as we need to be fully complaint not only with fire safety however, we also need to consider this for COVID track & trace and for monitoring numbers of people within the care home at any time so hopefully keeping numbers down to minimal levels to allow for social distancing to be achieved.

In the event of a fire, we need to know quickly who is in the building and this information needs to be relay to the fire services quickly. In large buildings like ours this could mean fire services risking their lives to looking for people who may or may not be in the building.

Also, for COVID reasons we need to monitor who may have come into close contact with others who may have tested positive so that you can then make arrangements to get yourself tested and monitor your symptoms so that you can keep your loved ones safe, again we can only do this with good signing in and out system in place.

The system is very easy to use and all you need to press on the screen is check-in then it will ask for:

1. Are you a visitor, agency, professional etc
2. It will ask you have you completed a LFT in the last 12hrs prior to entering the care home and do you have proof of a negative result? Yes and no answer
3. Do you have any symptoms of COVID? No symptoms will be an option if you have any other the common COVID symptoms we request you do not come into the care home.
4. Your full name
5. Who your coming to see
6. How you travelled to the care home? If by car will ask for your car registration
7. Email address (this is important as it will allow us to send you information for track & trace also our fire safety policy guidelines escape routes etc for that given building.

You should only have to complete most of this information once as the system will remember your details for your next visit like your full name, who your coming to see, Car registration and email address so it will get a lot faster on your next visit.

That's it. Then all you need to remember is to check out when you leave the building. By clicking on the check-out button on leaving the home, this will ask for three letters of your first name it will then hopefully complete the rest of your name and then you can click on your name to check out of the system.

We have been trailing the system now at Dudbrook Hall and the responses have mostly been very positive and easy to use. Should you have any issues with checking in our out please speak with a member of staff who can help.



SENIOR CITIZEN LUNCH CLUB

A warm welcome awaits all our senior citizens back to Howard Lodge Senior Citizen Luncheon Club.

Our luncheon club brings the senior citizen of our community together to enjoy a hot nutritious meal and gives them a chance to socialize with friends and make new ones at the same time also you can enjoy an of entertainment.

There will be a transportation service to and from the venue and back to your front door. The cost of this service is 50p a mile all subject to availability!

COVID SAFETY

We will be asking for all participants to this event to have a 30min COVID test prior to coming out to us or we can do it for you at Howard Lodge reception if you wish. We can also order a home test kit to be sent to your house prior to the event. Should you have any concerns or need help on how to conduct a test please do not hesitate to call Lauren Come along and enjoy the day with us, please contact Lauren at Howard Lodge to RSVP

Phone Number: 01277 376 502

Email:

Lauren.Bullock@stmichaelshomesltd.com

ALLERGEN ADVICE: Please advise us of any allergens or special dietary requirements Main Course & Dessert

Roast Chicken

or

Steak & Kidney Pudding

With Seasonal Vegetables

Mashed or Roast Potatoes

(With a glass wine)

Apple Crumble

Served with custard or cream

Refreshments

Tea & Coffee

throughout the day

We can also offer vegetarian option

Just

£5

Per Person



Dudbrook Hall Events & Menus

ACTIVITIES—DECEMBER



- 30th Nov: Singer—2pm
- Trees up / Pick 'n' mix
 - 2nd: Trip out
- Card + decoration making
- Wrap & tag—cheese & wine evening
- 10th/13th: Christmas choir singers
- Christmas cards from St Peters school South Weald for every resident
 - 14th: "sing as we go"
 - 14th: Theme/Party night—2pm
- 22nd: Christmas party—2pm-4pm family welcome to join
 - Church service / Yule log making
- 25th: All residents to be dressed in "their best outfits"
- 11.00am: Christmas Carols & visit from Father Christmas so all residents receive a gift from their key worker
- 12.30: Lunch—3pm: Queens speech
- 3pm: Supper

Regarding visiting as you are aware the times are:

10.30 a.m. to midday

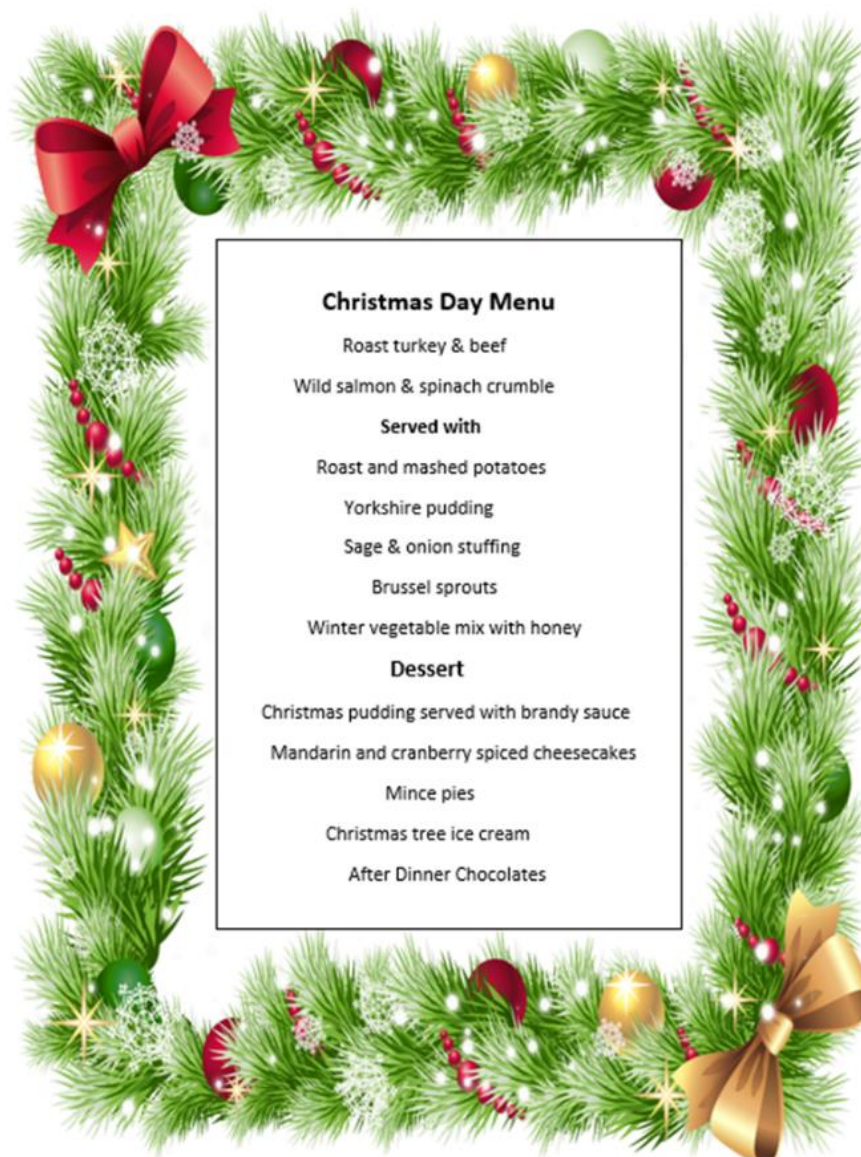
1.30 p.m. to 4.30 p.m.

6.30 p.m. to 8 p.m.

Please can you continue to call to book appointment to visit in guidance with the Covid guidelines

Especially on the busy days of 24th, 25th, 26th & 31st December & 1st January 2022 we will have a limit as to how many can attend on this days to ensure that we reduce the risk as much

as possible – thank you for your co-operation to continue to keep your loved ones as safe as possible



Christmas Day Menu

Roast turkey & beef

Wild salmon & spinach crumble

Served with

Roast and mashed potatoes

Yorkshire pudding

Sage & onion stuffing

Brussel sprouts

Winter vegetable mix with honey

Dessert

Christmas pudding served with brandy sauce

Mandarin and cranberry spiced cheesecakes

Mince pies

Christmas tree ice cream

After Dinner Chocolates



Boxing Day Menu

Roast lamb in gravy

Smoked haddock & spinach crumble

Sweet potato & butternut squash gratin

Served With

Baby and mash potatoes

Carrots in parsley butter

Broccoli

Dessert

Salted caramel profiterole bar gateau


Or

Christmas tree ice cream

Wine Tea Coffee

After Dinner Chocolates

Howard Lodge Events & Menus



HOWARD LODGE CHRISTMAS PROGRAMME

1st DEC- CHRISTMAS CARD MAKING
2nd DEC- CHRISTMAS CAKE MAKING
3rd DEC - ELF DAY RISING FOR ALZHEIMER'S. STAFF WEAR THEIR CHRISTMAS JUMPERS AND PAY A £1
6th DEC-CHEESE AND WINE
7th DEC -MAKING CHRISTMAS WEATHERS
8th DEC- HONEYDUCKLE VISIT TO THE PUB FOR CHRISTMAS LUNCH
9th DEC-CHRISTMAS QUIZ
10th DEC-CHRISTMAS DINNER AT THE LOCAL PUB- POPPY
11th DEC- CHRISTMAS MARKET 2PM TILL 5PM
12th DEC- PUMPKIN AND BLUEBELL CHRISTMAS PARTY
14th DEC-CHRISTMAS DINNER AT THE LOCAL PUB-BLUEBELL
15th DEC- CHRISTMAS MOVIE AFTERNOON WITH MULLED WINE AND MINCED PIES
16th DEC-BONEYDUCKLE AND POPPY CHRISTMAS PARTY
17th DEC-CHRISTMAS DINNER AT THE LOCAL PUB-PUMPKIN
18th DEC- CAROL SINGING AT ST PAUL CHURCH BENTWOOD WITH LIN AND JEN
19th DEC-MAKING WOODY SINGERS
21st DEC- CHRISTMAS CHURCH SERVICE AT HOWARD LODGE
22nd MULLED WINE AND MINCED PARTY CHRISTMAS CAROL SINGING FROM THE STAFF AT HL
23rd DEC-WO CHRISTMAS SWEET TROLLEY
24th DEC- PYJAMAS PARTY ALL HAMLETS
25th DEC-MERRY CHRISTMAS EVERYONE- SANTA AND GIFTS AT 11AM, CHRISTMAS DINNER AND THE QUEEN SPEECH AT 2PM ON THE BIG TV
26th DEC-FUN AND GAMES ON THE HAMLETS
30th DEC-NEW YEAR QUIZ
31st DEC-NEW YEAR EVE PARTY ALL HAMLETS- HANCIAN PARTY



Christmas Day Menu

Seafood cocktail

Roast Turkey and Beef
Pigs in blankets
Stuffing balls
Yorkshire pudding
Cranberry sauce
Horseshish sauce
Gravy

or

Wild Salmon crumble

Or

Cajun spiced sweet potato Roulade

Served with

Roast and Mashed potatoes
Carrots in Parsley butter
Brussel sprouts

Christmas pudding
Served with Brandy sauce or cream

Or

Spiced Pear, Toffee and cranberry naked cake
Served with cream



Boxing Day Menu

Cold Meats

Turkey
Roast beef
Gammon Ham

Or Vegetable tart

Served with

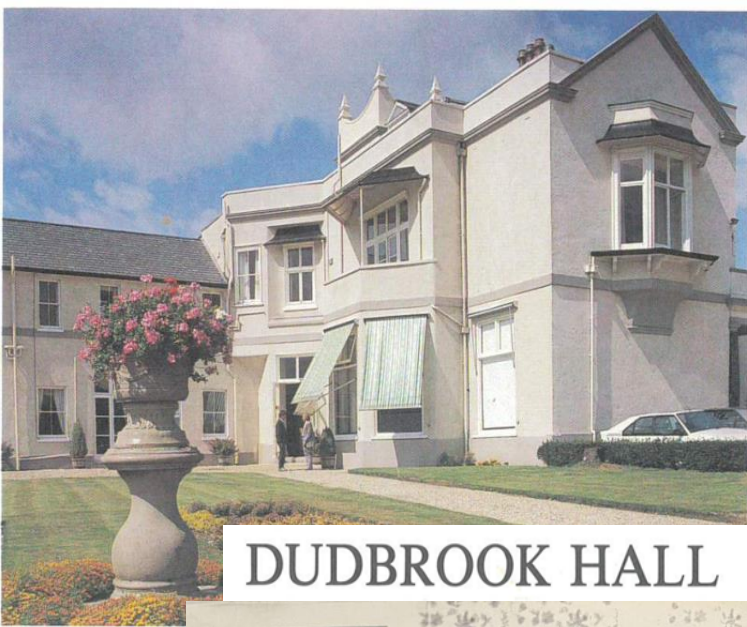
Mashed potatoes
Peas
Pickles

Black cherry charlotte
Served with cream

Trip down memory lane celebrating 30 years of service



This is the old Howard Lodge, November 1991



Dudbrook Hall
RESIDENTIAL HOME
OPENING
OCTOBER 1995
Beautiful Country House
4 miles from Brentwood
Phone:
01277 373909 for details



■ BRENTWOOD Council vice chairman Alf Slaymark and his wife, Lily, visited Navestock's Howard Lodge nursing home for its official opening last week. The home, originally run by Newham Council for its residents, was closed last spring and has just been reopened as a private nursing home for elderly people from all over the region. At the moment, there are only eight residents but the home has room for more, and places are being offered to people currently staying in High Wood Hospital, if they want them.



Opening of Dudbrook Hall with Sheila Watson and her mother Madge Greenan in 1995



Inside & garden shots of old Howard Lodge



THE MAYOR was among those celebrating the third birthday of Howard Lodge nursing home, which took place on November 17. Cllr Dave Higgins, an ambulance driver, caught up with some old friends as 120 guests celebrated in style. Entertainer Micky Driver was also there, treating revellers to an old time music sing-along, and there was a buffet too.

The home, which has 41 residents, was bought from Newham Council three years ago by matron Sheila Watson. She said: "We are delighted with its progress. We have an excellent reputation and provide a good standard of care."

■ The Mayor, Cllr Dave Higgins cuts Howard Lodge's third birthday cake with matron Mrs Sheila Watson.



Inside shots of Dudbrook Hall 1993



Opening of the new Howard Lodge
September 2014



Outstanding award for Howard Lodge
with CQC

The planning obtained for a new Care Home development at Dudbrook Hall



BIRDS EYE VIEW FROM THE NORTH EAST

Thank you to all the relatives/friends of residents past & present for both homes whom have sent in a review to Care Home Co uk. We are so proud to share your reviews with the staff team & also so much assists others when they are looking at care homes to place their loved ones. Well done to both homes – please keep the reviews coming in. Thank you.



carehome.co.uk

THIS IS TO CERTIFY THAT

Dudbrook Hall

HAS A CAREHOME.CO.UK
REVIEW SCORE OF

9.8

November 2021



carehome.co.uk

THIS IS TO CERTIFY THAT

Howard Lodge Care Centre

HAS A CAREHOME.CO.UK
REVIEW SCORE OF

9

September 2021

REMEMBRANCE DAY

Care homes on Remembrance Day

Both care homes showed their respects on 11th November, Poppy cupcakes were made and a war time sing-along evening was had at Dudbrook Hall. Howard Lodge had Iris in Honeysuckle talking about her father's sacrifice during the 2nd world war which was beautifully done and she wore her father's medals.

A fitting tribute to mark this very special occasion, thankyou to all the relatives and staff who took part in these events to make them so special.



Fire Works night

Really did go off with a bang, Thankyou to all the organizers of this event on 5th November across both the care homes another great night had by all families, friends & staff.



CELEBRATING 30 YEARS

St Michaels Homes Celebrating 30 years



Delivering
quality elderly &
dementia care



Thankyou for helping us reach 30 successful
happy years in delivering quality elderly care in
Brentwood and surrounding boroughs

St Michaels Homes who run
Howard Lodge & Dudbrook Hall
Care Centres will be celebrating
30 years in providing key services
to the elderly and those living with
Dementia in Brentwood & Essex
on the 17th November 2021. The
directors would like to thank all its
dedicated staff who, over the past

20 months, have been through
the most testing of times since we
first opened our doors nearly 30
years ago. We have always been
extremely proud of our staffing
teams, but during this time they
have only excelled our pride &
gratitude to each team member.

We would also like to thank all
the residents and their families
who have given us so many great
memories and for their support
over the years, we are a true
family run care home operator and
we love caring for the elderly. On
behalf of our staff and family we
would like to thank everyone who

has entrusted us with the care of
their loved ones, and we would
like to wish you and your families
a happy, healthy & peaceful
Christmas and happy new year
from all at St Michaels Homes Ltd.

Dudbrook Hall Care Centre

Outstanding Care Quality

Howard Lodge Care Centre





Family owned & managed
ST MICHAELS HOMES LTD

 Edit



**St Michaels Homes Ltd -
Howard Lodge & Dudbrook
Hall Care Centres**

@stmichaelshomesltd · 5 (8 reviews) · Retirement
& Assisted Living Facility



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For all the latest news, photos, videos from what is happening in the care homes look us up at @stmichaelshomesltd we have daily postings from our activity teams.

<https://www.instagram.com/>



We now have our own Instagram page. Please Follow the link to Instagram to enable you to follow St Michaels Homes where you will find videos and photos from events at Dudbrook Hall only at present.



Staff donation Fund

On behalf of all the staff we would like to say a big thanks to all residents, families & friends who have been so kind in donating towards the staff funds for their given care home.

All the staff have work so hard throughout the year and have done so much throughout this pandemic and we have always given our appreciation along with any donations we receive throughout the year from families.

This money is divided up and given to all the staff across the homes who have all worked so hard in January time as a means of appreciation to them all.

Should you wish to donate any contribution towards either Howard Lodge Staff fund or Dudbrook Hall Staff fund please do so either by cheque made payable to (name of care home) Staff fund, or we can take a BACs payment directly into their nominated account, details of their accounts below. We will make sure it shared out to all the staff within their given care home.

Dudbrook Hall Staff Fund
Sort Code: 16-12-33
Account no: 10054377

Howard Lodge Staff Fund
Sort Code: 16-12-33
Account No: 10052471

Thank you once again on their behalf of all the staff.

Staff Qualifications & Promotion

We had a lovely ceremony at Howard lodge to mark the amazing achievements of 2 of our staff Alice Merrick for achieving her level 5 qualification in health & Social care. Alice has been promoted to Team leader of Poppy hamlet – Bernie is still remaining employed by us by has commenced on training with the NHS. Jo Moss nursing practitioner qualification – in care homes this is very unique - Jo will be able to go between both homes to administer injections, take bloods & dressings. This is to give our residents more familiar service & take some of the pressure of our district nurses. We are proud of all our team - you all continue to amaze us, we worked out today that nearly 90% of staff are currently or have successfully completed qualifications with us, we will continue to invest in all our staff members. Congratulations to recently promoted Mika Yusuff – Team Leader at Dudbrook Hall – has also recently completed Level 3 Qualification in Team leader.



Directors Message

We hope you are all safe and well and looking forward to christmas this year hopefully with some luck.

As always we would firstly like to say a big thanks to all staff across the homes for all they do every day, Working in a care home whether it be in the kitchen to cleaning or providing care throughout the day or night or working in the offices or activities / maintenance teams it's not easy and there are many challenging days and no two days are ever the same when working in the care industry especially when having to work during these difficult times.

We hope this newsletter will give general information on what's happening with key matters which are happening across the care homes and concerning the company overall.

We hope that with these newsletters we can keep everyone informed on what is happening across the homes and that it provides Residents, Staff, Relatives and friends of St Michaels Homes an insight into what is happening and attempts to keep everyone informed and updated with what's going on.

Hope you enjoy this edition of our company newsletter and if there is anything else you would like to see added or comments/questions then feel free to come back to us. Thankyou

Should you wish for the latest news, photos and videos about what is happening within either home please look us up on our facebook page which gives a lot more. Our facebook page is [stmichaelshomesltd.com](https://www.facebook.com/stmichaelshomesltd) stories, photos and upto date news on the goings on within each home.

We really could not have got through the last 20months if it wasn't for all our caring staff, they have done so much for our residents we will be truly thankful to them all. As our late mother always said you can have the gold plated taps but if the caring staff are not there then they might as well shut their doors.

Our company is in safe hands with all our teams working so hard in delivering only the best for our residents.

The celebration of 30years as a company is a big milestone, we have seen so many different families and residents throughout the years and we have been blessed to be able to deliver these key services to the local and wider communities for so long now, it doesn't feel like 30years as this time has flown past from when our late mother opened Howard Lodge on 17th November 1991

Here's looking forward to another 30years in the caring profession, hopefully without COVID please.

Lastly, thank you to all our residents and families for entrusting us with your care of your loved ones. We are honored to be able to do this and the caring profession is what we love doing.

On behalf of our family we would like to wish you and your families a wonderful Christmas, and happy new year.

Regards, Sean & Claire

