In our Home we make sure that our residents are able to do things they enjoy most. Engaging our residents in meaningful activities improved their physical and mental wellbeing.

Through time and effort, we are aware the songs and activities will turn the "light switch on" and bring back memories they have long forgotten and eager to talk about.

Maria our activities co-ordinator/facilitator has solely thought of and seen through original heartwarming events which has reach out to all our residents including those touch by different milestones of dementia.

Care Activities Co-Ordinator/Facilitator of the Year Nomination



#### **Full Description Of The Activities:**

Maria started to play the usual, games, arts, and crafts etc and helping the residents.

She began thinking of things the residents had spoken to her about, things they use to do or things they would love to do and started planning. She also thought about things like if it was her parents what would she like them to do, just because someone is of a certain age or has dementia or limited mobility it shouldn't stop them doing exciting and fun things. Once a week She put on a social evening which is normally themed, we have music playing and the residents generally have a great evening singing and dancing with each other and members of staff which triggers fond memories from past eras, and everyone love these evenings as much as the residents.

Thinking outside the box of activities such as: Cultural day, Themed Thursday, Fresh fruit Friday – non-alcoholic cocktails and smoothies. Please see below slides for more evidence that Maria has implemented, developed and maintained. Everyone is astounded at the different ideas that Maria comes up with. It's not only to the benefit of the residents but uplift the staff team and relatives.



As part of our activities, we aim to provide each residents wishes in a PERSON-CENTERED WAY. We talked about their recollection of early memories and tried to ensure they are still able to experience and enjoy the things they once loved. In recent years we have been able to grant many of these wishes for e.g. Our resident D.S used to play guitar so Maria, our activities coordinator, arranged for a guitar to be brought in and for him to play to the residents in our Dudbrook's Talent Show. M.S who once starred in a film, wished for all to watch the film to see her perform which was later mentioned in our newsletter. I.J spoke about how she cycled to work for many years, Maria has arranged a trip to special cycle club that has adapted cycles for every means which I.J able to attend and thoroughly enjoy the experience. R.H spoke about how he loved to fly a kite at the beach when he was a child, this became possible for him again when we hired a beach hut and took a kite which R.H flew along the beach. M.S that used to be ballroom champion dancers, so Maria arranged for a ballroom dancers to come and perform with the residents and dance with M.S and other residents. Even residents are unable to dance thoroughly enjoy the afternoon. Listening to music and watching the dancers. N.P used to play the violin so Maria invited his son to come to perform with his violin for our residents and others.

This is all achieved in the last twelve months.

We are continuously asking ...

















Dudbrook Choir celebrating Dementia awareness week: the choir consisted of residents, staff and relatives. May 2023













**Church Service** 

#### **Easter Weekend**



























Olympic/Sport's Day

A days of sports with our residents to boosts their mental health/mood, reduce stress levels and increase mental function.









# St. Patrick's Day Celebration

# St. George's Day Celebration













## Pancake's Day









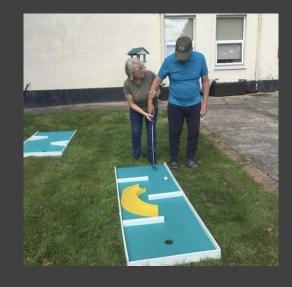




















The love of gardening is a seed once sown that never dies.



### **Gardening with Residents**























### **Remembrance Day**

There are no goodbye for us. Wherever you are, you will always be in our **HEART**.







#### Festive Season

This are hand made by our residents and staff, working together to bring the festive season feeling especially during the pandemic.

lease let us know if attending ;















Games, Puzzles & Quizzes, Bingos, Dominos, Scrabble, Arts and Crafts and Colouring.



# Pizza Making







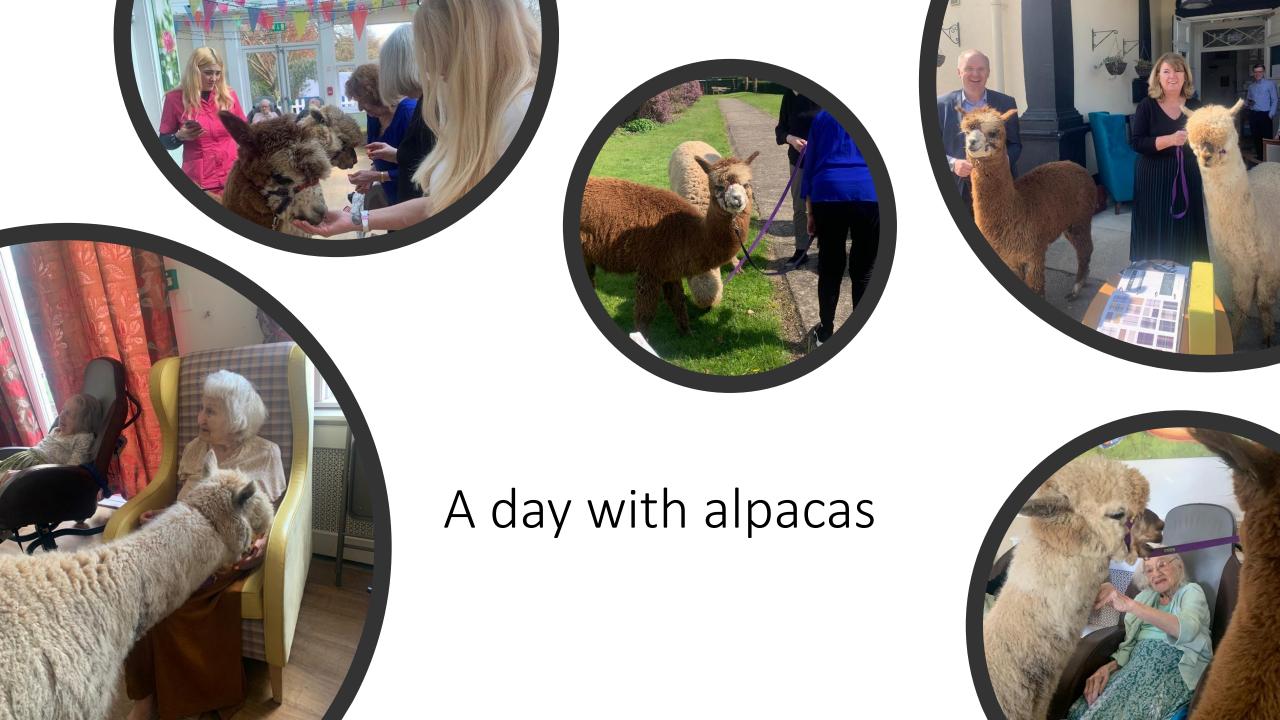


Residents and staff showcasing their talents

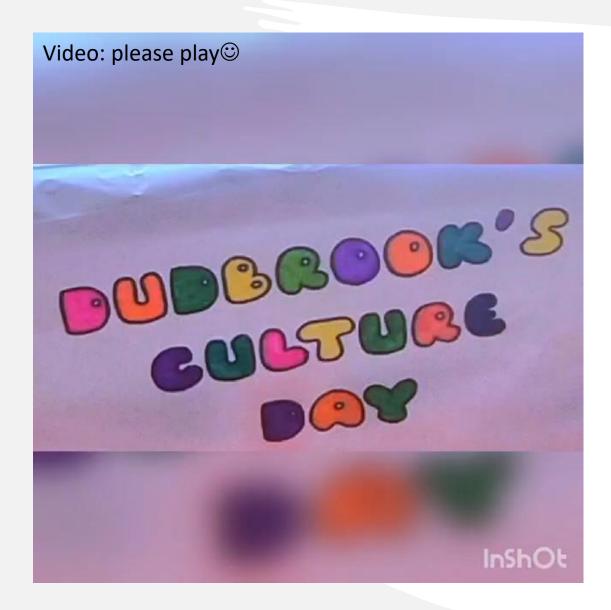
#### • Tea with ponies

Maria believe those with a memory-related illness like dementia or Alzheimer's who come from an agricultural background may find that horses and donkeys can **trigger memories** in a positive way, which can ultimately help carers better connect with those they're assisting.









#### **Dudbrook Hall's Culture Day**

Today we celebrated the different cultures in our home. By showing off our beautiful clothes, listening to music, showing off our dances and sharing our foods and drinks. It's been such an amazing afternoon for our residents and staff.

Thank you to **Maria** for her great idea bringing everyone together acknowledge these cultural differences, empower all through inclusivity and value others. Organizing such a beautiful afternoon and all the staff that participated and helped make today so special for everyone.









## **Singing and Dancing**























Dog Show and Petting zoo Day







**Special Celebration** 



### **Residents Wishes**

Maria created a wish tree for our residents to write one special wish which our team work hard to fullfill.

- Beach trip
- Shopping trip
- Having traditional Pie and Mash
- Having a violinist.
- To see and watch enlightened Christmas light at highlands park.
- To have his own Pub.
- Classic car show
- Ballroom dancing
- And so on....

Every dream fulfilled ,Begins with a simple wish ©



## Residents Wishes: Trip to beach hut ©









• Resident Wishes: Ballroom Dancing ©







• Resident wishes:

Flying kite <sup>©</sup>











Resident wishes:

Afternoon Tea at the London Routemaster Bus



## Residents Wishes: Cycling













## **Residents wishes**













## **Residents wishes**















# Themed Thursdays

Maria created this event for our residents to experience and embrace the different cultures through their traditional food and music:

- Italian
- Jamaican
- Chinese
- Mediterranean
- Best of British
- Greek
- Spanish
- Indian
- Turkish
- Cheese and wine and many mores ...













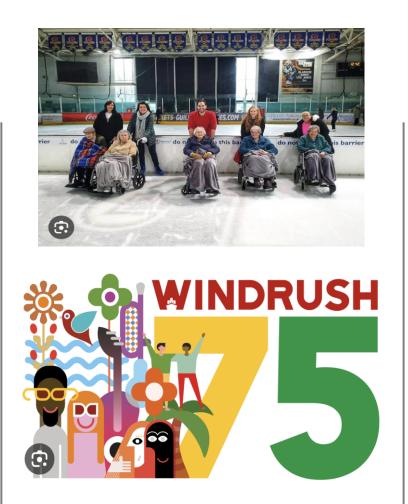














Future Events that Maria has arranged in the next few weeks



#### **ACTIVITIES REVIEWS**



Submitted via Website • Report

#### Overall Experience \* \* \* \*

My mum has been in Dudbrook Hall for three weeks after being in hospital. From her first day in Dudbrook Hall, I have seen a difference in her well being, from sitting falling asleep at home and in hospital she joins in with all the activities with the activities coordinator and other residents. My mum is stimulated and has enjoyed playing scrabble, cards, Jenga and much more thank you so much to the activities coordinator, what a brilliant team they have at Dudbrook Hall. It makes me so very happy to see this, the staff are lovely, caring and always available to chat with you if needed. Thank you to the manager and all staff for your excellent care and support. The building may be old but the staff and management are the heart of this lovely place.





## Review from David E (Son of Resident) published on 16 July 2021

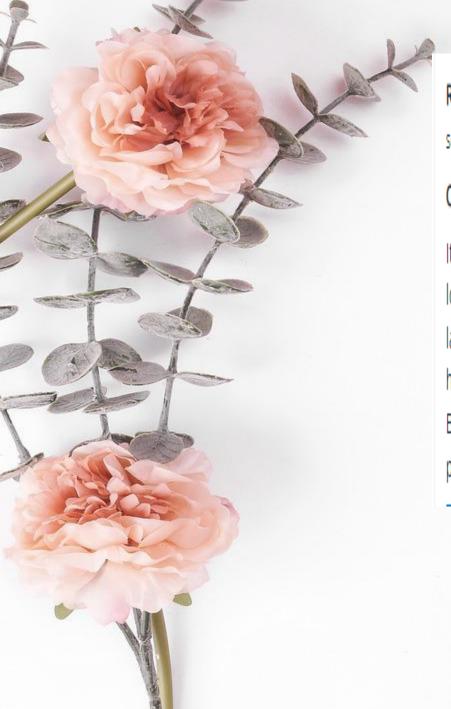
Submitted via Postal Card • Report

## Overall Experience \* \* \* \*

Mum is very happy living in Dudbrook Hall and calls it "home". The staff and management have managed to create an environment for the residents which makes the home warm and welcoming - it's almost like being in a large family home! The staff are friendly, caring, attentive and professional, always having time for the residents. A full programme of activities for the residents keeps them busy, entertained and stimulated. Overall, excellent home.







#### Review from Christine H (Friend of Resident) published on 16 July 2021

Submitted via Postal Card • Report

### Overall Experience \* \* \* \*

It was a happy chance that saw my elderly friends becoming residents at Dudbrook Hall. We had been looking for a care home for them but the pandemic stopped our search. Then - after a fall - one of the ladies was placed in Dudbrook Hall to recuperate. The welcome and care she received was so lovely that her sister joined her and they are now both permanent residents.

Being able to see on the Facebook page the pictures of the many activities provided for the residents was particularly comforting when visits were not allowed. Contact with staff has always been easy.







#### Review from Vearl N (Daughter-in-law of Resident) published on 16 July 2021

Submitted via Website • Report

#### Overall Experience ★★★★

My mother-in-law was in an extremely poor place mentally and prone to falling. She had carers at home three times a day, but wasn't eating properly, and distressed at being isolated due to the virus which just made her dementia worse. When we contacted Dudbrook Hall with a view to placing her there we were happy to discover they were Covid free, and would take her with minimum isolation as this was her biggest problem. The Manager of the home was able to visit almost immediately, do an appraisal and a Covid test, and take her within a few days. It took a few weeks for her to settle down, but there are so many activities and people around that she quickly got used to the routine. She's eating better and has built a good rapport with the staff and other residents. It helps enormously to see all the lovely photos and videos on social media, so even if all the family can't visit, we can see what she's been doing - sometimes exercise, or manicures, dancing, birthday celebrations, or gardening.







Dudbrook Hall (Brentwood, CM14 5TQ)

11 May 2023

23 May 2023

5.0

**Jpdate Response** 

Review: It's been a while since I put on a review, my mum has been in Dudbrook Hall for 19 months.

The care that she gets from the management and staff is excellent, they are all the most caring people. Dudbrook Hall has that family feeling as soon you enter the building, they are always happy to make you a drink and have a chat. They have an excellent activity coordinator, who arranges many different activities in Dudbrook Hall to entertain and stimulate the residents. I went in to see Mum she was having a foot spa, done by staff which she enjoyed. Thank you to all at Dudbrook for all your excellent care, you are all amazing.

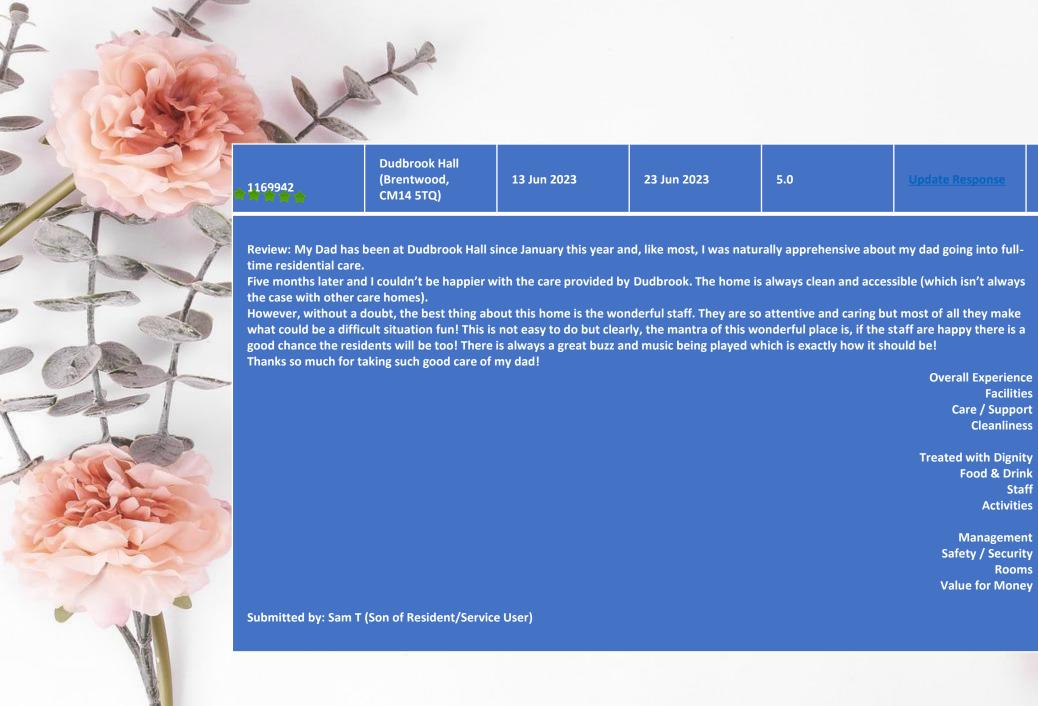
Overall Experience Facilities Care / Support Cleanliness

Treated with Dignity
Food & Drink
Staff
Activities

Management Safety / Security Rooms Value for Money

Submitted by: Bev B (Daughter of Resident/Service User) Reviewer Full Name (not displayed): Bev Buckingham

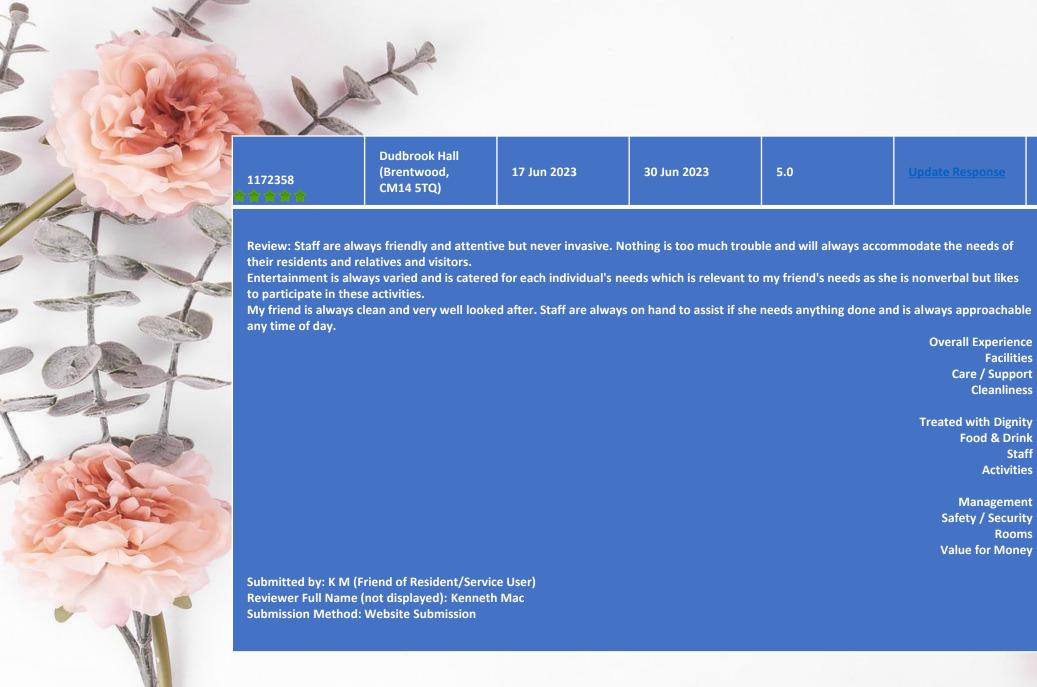
**Submission Method: Website Submission** 



**Facilities** 

Staff **Activities** 

Rooms



#### THANK YOU LETTERS FROM FAMILIES

#### 9<sup>th</sup> Jan 2022

'Dear Manager!

I enjoy coming into Dudbrook Hall once per month to lead a church service with the residents and their families. Maria is always very welcome and encouraging. Over the year it has been good to celebrate Harvest Festival and Christmas with everyone.

I look forwards to visiting Dudbrook monthly in 2022' - Rev J.H.

#### 25/09/20

"I Just wanted to a drop a short note to express my sincere thanks to the staff at Dudbrook Hall...

I know that Dad absolutely loved his time with you. It's the little things that make the difference. Sorting his can of John Smiths every day. The games of hide and seek with the cheese and onion crisps with the cleaner. The football banter with the sports fan. The chef bringing food to his room. He really enjoyed the activities, the social interaction and the food. And not to mention the kisses and cuddles!!" – G.R



"Dear Dudbrook Staff

One day when we were in the Pod, Uncle David said, "I know I've made the right decision'...

He enjoyed the company; having his creamed applied; Doom Bar and Famous Grouse and all the entertainment. He spoke so warmly about the music on St. Patrick's night and was delighted to be called upon to play his harmonica.

Thank you all for your patience and kindness and for making his last year such a happy one" – A.S

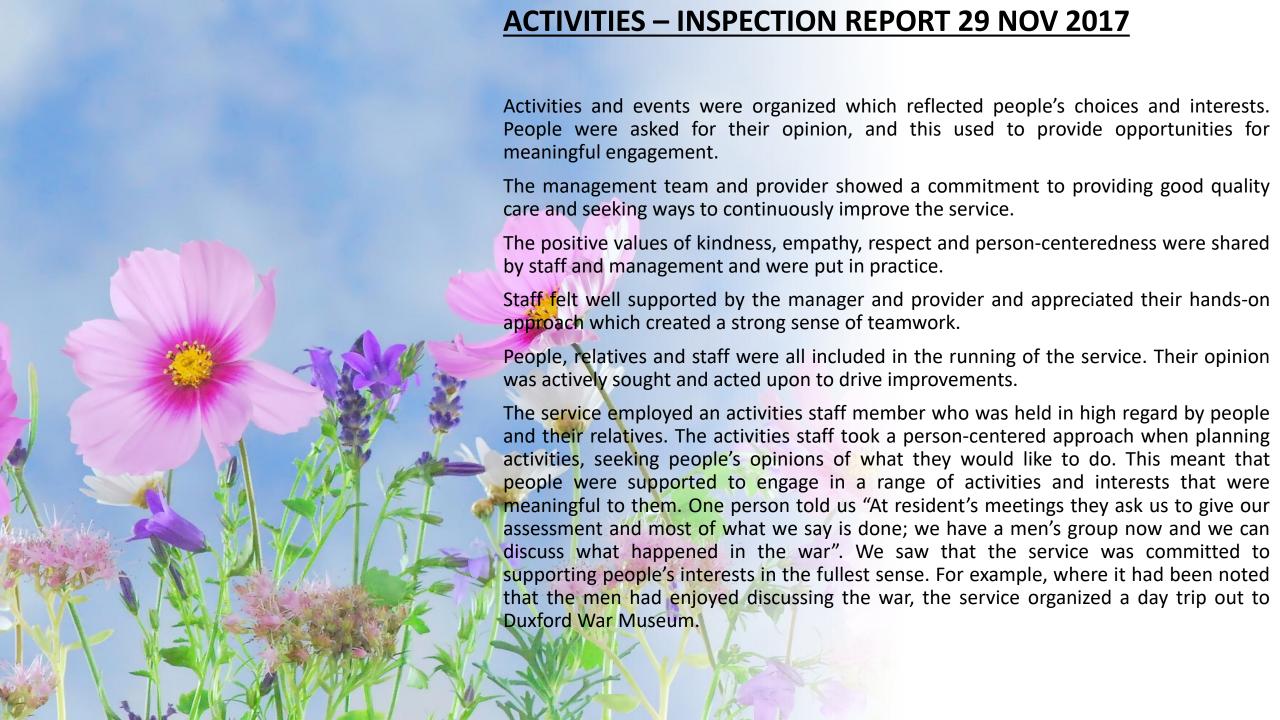


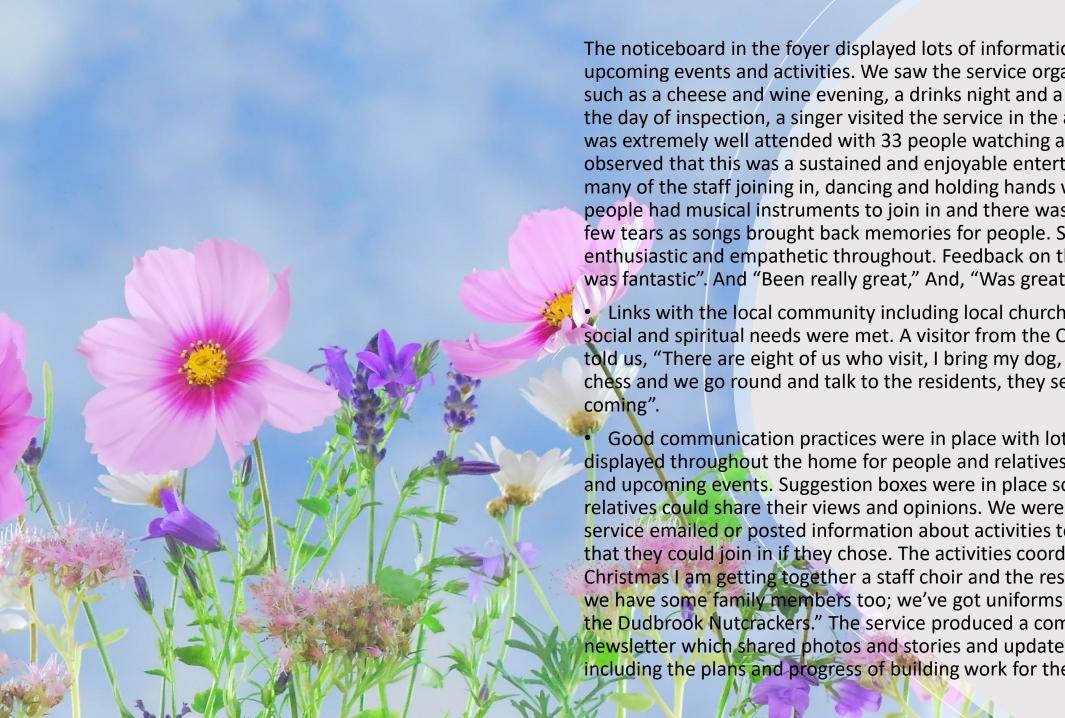




## Dudbrook Hall Annual Quality Assurance Report 2023

	Activity related questions	Very Satisfied	Fairly Satisfied	Neither Satisfied or Dissatisfied	Fairly Dissatisfied	Very Dissatisfied	N/a	
Α	How satisfied are you with the activities on offer?	12	2					
В	How satisfied are you with events organised by the home?	13	1					
С	How satisfied are you with the activity Team at the Home?	14						
D	Is there any activity or event you would like to see put on by the home? Please write it here	more things such as animal's visits as my loved one would like sit there and look a cat or something						
	Totals	39	3	0	0	0	0	





The noticeboard in the foyer displayed lots of information for people on upcoming events and activities. We saw the service organized weekly events such as a cheese and wine evening, a drinks night and a gentleman's club. On the day of inspection, a singer visited the service in the afternoon. This even was extremely well attended with 33 people watching and participating. We observed that this was a sustained and enjoyable entertainment event with many of the staff joining in, dancing and holding hands with people. Some people had musical instruments to join in and there was lots of laughter and a few tears as songs brought back memories for people. Staff were extremely enthusiastic and empathetic throughout. Feedback on the activity included "it was fantastic". And "Been really great," And, "Was great, everybody partying."

- Links with the local community including local churches, meant that people's social and spiritual needs were met. A visitor from the Catholic church society told us, "There are eight of us who visit, I bring my dog, someone else plays chess and we go round and talk to the residents, they seem to enjoy us
- Good communication practices were in place with lots of information displayed throughout the home for people and relatives sharing news, updates and upcoming events. Suggestion boxes were in place so that people and relatives could share their views and opinions. We were advised that the service emailed or posted information about activities to people's relatives so that they could join in if they chose. The activities coordinator told us "For Christmas I am getting together a staff choir and the residents will join in, and we have some family members too; we've got uniforms and calling ourselves the Dudbrook Nutcrackers." The service produced a comprehensive monthly newsletter which shared photos and stories and updates about the service, including the plans and progress of building work for the new orangery.

Ablyss Care Management System (CMS) Ablyss Care Management System (CMS) Activities and Excersice Activities and Excersice Allergen Guidence and Natacha's Law Allergen Guidence and Natacha's Law Anaphylaxis Anaphylaxis Assisting People to Eat and Drink Assisting People to Eat and Drink Autism and Learning Disability Autism and Learning Disability Challenging Behavior in Dementa Challenging Behavior in Dementia Communication Communication Confidentiality Confidentiality Consent Consent Constipation Constipation Covid-19 Covid-19

Course MCA and DOLS **Medication Awareness** Medication Awareness Moving & Handling Theory Moving & Handling Theory Noving and Handling Observations Moving and Handling Observations leedlestick injury Needlestick injury lutrition and Hydration in Care Homes Nutrition and Hydration in Care Homes exygen guidence Oxygen guidence arkinsons Disease Parkinsons Disease erson Centred Activity and Engagement Person Centred Activity and Engagement rivacy and Dignity (Standard 7 Care Cert) Privacy and Dignity (Standard 7 Care Cert) tisk Assesement Risk Assesement afeguarding Adults and Children (Standard 10/11 Care Cert) Safeguarding Adults and Children (Standard 10/11 Care Cet) epsis Awareness Sepsis Awareness kin Tears Skin Tears tress Management Stress Management troke Awareness Stroke Awareness he 6 C's in Social Care

#### Maria's Training Record.

	De-Choker Airway Clearance Device
5	Delerium
	Delerium
3	Dementia Training
	Dementia Training
3	Dignity and Respect
	Dignity and Respect
3	Dysphagia
	Dysphagia
3	Eating Disorders
	Eating Disorders
3	Equality and Diversity (Standard 4 Care Cert)
	Equality and Diversity (Standard 4 Care Cert)
3	Falls Prevention
	Falls Prevention
3	Find Your Active Workshop
	Find Your Active Workshop
3	Fire Training (theory and practical)
	Fire Training (theory and practical)
3	First Aid (EFAW)
	First Aid (EFAW)
3	GDPR and Cyber Security
	GDPR and Cyber Security
3	Health & Safety (Standard 13 Care Cert)
	Health & Safety (Standard 13 Care Cert)
3	IDDSI (International Dysphagia Diet Standardistaion Initiative)
-	☼ IDDSI (International Dysphagia Diet Standardistaion Initiative)
3	Infection Prevention and Control (Standard 15 Care Cert)
	☼ Infection Prevention and Control (Standard 15 Care Cert)
-	LGBT 'Safe to be me'
	LGBT "Safe to be me"

De-Choker Airway Clearance Device